

8 Questions to ask yourself to help decide what to keep and what to let go:

1. When is the ***last time I used*** this?
2. ***How often*** do I use it and why? Will this still be the case **in the future**?
3. Do I own ***another item that can serve the same purpose***? Or can I ***borrow one*** from someone?
4. Is it ***in good shape***, or does it need to be repaired or replaced soon?
5. Could someone else that could ***get more use and value out of it now than I am***?
6. Is it something I ***truly, truly love***, and has sentimental value that cannot be replaced?
7. Do I own it because it ***represents another version of me***, from my past or an imagined future, and ***not who I am today***?
8. What is the ***worst thing that can happen*** if I let go of this?

7 things you can start TODAY:

1. ***Talk to your family about your plans*** and air out issues that may come up about them
2. Start talking with family about items they might want, ***and check your assumptions about what they'll take***
3. If you're storing items for someone else, ***tell them to come and get their stuff***. They should have it in their own home or arrange for their own storage unit.
4. Begin to think about what you'd want to keep – ***if you could only bring xx things with you, what are most important?***
5. ***Just say no to new things!*** Tell your family to stop buying your durable gifts... no more #1 Grandpa mugs or bottles of gourmet ingredients you'll never use!
6. Consider ***electronic scanning of memorabilia*** (photos, greeting cards, kids artwork, etc.) for the items you want to look at, but can't easily store in the future.
7. ***Take before pictures***. Not only it will help you REALLY see what you have, it's a great way to mark how far you've come!

Do you know what you have? Make a list by zone of what you have and track decisions, for example:

- Living: Décor, lamps, rugs, entertainment, electronics, furniture, books, toys and games
- Sleeping: Décor, lamps, rugs, furniture, clothing, electronics, books, toys and games
- Workspaces: paperwork, books, photos, craft and hobby supplies, furniture, décor, lamps, rugs
- Eating spaces: everyday goods, special occasion goods, heirlooms, linens, food, alcohol
- Care spaces: toiletries, medication, cosmetics, linens
- Household: lawn care, gardening, snow care, holiday decorations, building supplies, tools, recreation and sporting goods

Ten Hardest Things to Find Homes For (because people aren't looking for these items):

- Dining sets that are not modern style
- Sewing machine tables (built-in)
- Mattresses and pillows
- Entertainment units that don't fit a large tv
- Older televisions (with tubes)
- Exercise equipment (elliptical, treadmill, etc.)
- Oversized solid wood or metal desks
- Textbooks and encyclopedia sets
- Vinyl records, cassettes and VHS tapes
- Pianos

Ready to get started and would love some help?

Contact me for a free consultation today!